



**MELBOURNE**  
**MONTESSORI SCHOOL**

Caulfield Campus, 6 Roselea Street  
Caulfield South, VIC 3162, Australia

# MONTESSORI FOOTBALL COURSE

SUPPORTED BY AMI

Thursday, 5 July 2018 to Monday, 9 July 2018

9:00am – 5:00pm



MONTESSORI  
FOOTBALL



## PRESENTED BY

**Amy Kirkham** – 3-6 AMI Director of Training for the Australian Centre for Montessori Studies

**Patrick Oudejans** – Project Manager Montessori Football China

**Jip Bartels** – Project Manager Montessori Football Australia



# MONTESSORI FOOTBALL COURSE

Montessori Football, Association Montessori Internationale (AMI) and Montessori Australia will provide a 40 hours course introducing the new Montessori Football programme. The sports programme is aligned with the Montessorian philosophy and developed by Ruben Jongkind former Head of Talent Development of the famous youth academy of AFC Ajax and one of the last to work intensively together with the great Johan Cruyff, world's foremost football visionary and creator of La Masia, FC Barcelona's youth academy. The course will be held at the Melbourne Montessori School, the founding project partner of Montessori Football in Australia.

## After Completing this Course

- You understand the principles and methods for implementing Montessori in youth football
- You understand the philosophical and practical connection between Montessori and football methodology
- You are qualified to provide extra-curricular activities, such as after school classes and football camps, within the framework of the services of Montessori Football for schools

## WHAT ARE THE CHARACTERISTICS OF THE MONTESSORI FOOTBALL PROGRAMME IN SCHOOLS?

- A football programme that can be implemented both as after school programme as part of the physical education curriculum and integrally as enrichment of the Montessori environment
- It is suitable for boys AND girls
- Child-centred development based on the “player paradigm” as opposed to the “coach paradigm”
- Mixed age groups 3-6 and 6-12. Peer-to-peer learning: children practice in mix age groups.
- Connection of the sports development of the child with the academic development of the child
- Inclusion of parents through one on one parent talks and understanding the parents are partners in education
- Self-regulated learning: freedom with responsibility



# MONTESSORI FOOTBALL COURSE

## Why Football?

Football is the most popular sport in the world with more than 3.5 billion people interested in it. Football is also conquering Australia, where it is still growing and just surpassed swimming as the most popular sport for children.

Did you know that playing football could improve executive functioning, and peripheral vision? It could help to stay physically fit and healthy, gain balance, stability, mobility endurance and strength, essential in the light of the global obesity epidemic. It could improve self-regulation and a growth mindset, it could foster social interaction and communication, participation and empathy. Moreover it could develop problem solving skills and creativity, traits that are becoming more and more important in tomorrow's world. Unfortunately this great potential is lost because the traditional football environment is unprepared for the child.

## Purpose of the Course

Certified by AMI, the purpose of this course is to introduce the Montessori Football programme and enable Montessori schools and teachers to start this new sports programme at their school.

We will show that the Montessori school is a good environment for learning any (sports) skill, and that the Montessori teacher is the football teacher, like she/he is the language and math teacher. We support the Montessori teacher to become acquainted with football and be provided with tools to prepare a proper football environment. Therefore implementing Montessori Football means an improvement and enrichment of the school's educational curriculum.

This course is to makes it possible that this programme is eventually run at your school by you with support from us!

*“In the last decade I’ve observed the greatest football academies and many recreational clubs around the world and studied the empirical data. I’ve concluded that in this football world it is not about the child, but it is about the coach, the result, the parent or the club. Fortunately there is an environment that is prepared for the enormous benefits of this great game, and that is the Montessori environment.”*

*Ruben Jongkind  
Founder Montessori Football*





# MONTESSORI FOOTBALL COURSE

## Who Presents the Course?

### AMY KIRKHAM

Amy Kirkham has been involved in Early Childhood Education since 1988. In addition to the AMI 3-6 Diploma and AMI Trainers Certificate, she holds a Certificate IV in Training and Assessment, Diploma of Teaching, Bachelor of Educational Studies and Master of Education. Amy is the 3-6 AMI Director of Training for the Australian Centre for Montessori Studies in Melbourne, offering both Diploma and Certificate courses. She is actively involved in the provision of professional development as well as parent and community education and continues to enjoy working with children in the 3- 6 environment.



### PATRICK OUDEJANS

Patrick worked at the AFC Ajax youth academy for 4 years as a member of the 'talent development' department and is an UEFA licensed youth coach with more than 11 years of coaching experience. In addition he has a Honours Bachelor degree in Sports Management at the University of Amsterdam. In 2017 he became Project Manager of Montessori Football China and he is certified to be a Montessori Football trainer. He specialises in creating an environment with room for constant changes and improvements, based on the individual needs of children.



### JIP BARTELS

Jip is a former professional player of the AFC Ajax youth academy and Dutch national youth teams. He's an experienced youth coach with more than 20 years of experience as a (professional) football player. After being forced to stop as a professional player due to injuries he finished his Master Business Administration at the University of Amsterdam in 2017. In addition he completed the Cruyff Montessori Introductory Coaching Course and obtained his AMI 6-12 Montessori Assistance Certificate. At the beginning of 2018 he started a Montessori Football programme with Montessori Australia at the Melbourne Montessori School, which has been a great success.

Jip and Patrick are supported by the AMI headquarters in Amsterdam and a network of specialists in Montessori Football projects in China, United States and South Africa.



# MONTESSORI FOOTBALL COURSE

## Course Units

- History of football
- Youth football development, coach paradigm vs player paradigm
- The total footballer, individual development process
- Prepared environments for football
- Control of the body
- Control of the ball
- Control of the mind
- Training methods: 3-6
- Training creation
- Practical sessions
- Experience football training
  - Create football exercises
  - Present football training
  - Reflect on football training
- Assignments
  - Montessori-football principles
  - Creating a football training
  - Observations

*Montessori Football brings excitement, passion, a love of football and elite-level skills to our students. We have quadrupled the numbers in our after school programmes!*

*Gay Wales, Principal,  
Melbourne Montessori School*

## ADDITIONAL NOTES

- Practical sessions will take place on football area (grass/turf pitch or other designated area)
- Participants need to wear sports clothes and shoes during the practical sessions
- There will be no handouts or summaries; all participants make their own summary from the theory sessions
- Detailed schedule available for download from the Montessori Australia website



# MONTESSORI FOOTBALL COURSE

## Certification Assessment Requirements

### IF YOU ARE UNDERTAKING CERTIFICATION ASSESSMENT FOR THIS COURSE

- You have completed the five-day Montessori Football Introductory Course by AMI
- You understand the principles and methods for implementing Montessori in youth football
- You understand the philosophical and practical connection between Montessori and Football methodology
- You are qualified to provide extra-curricular activities, such as football camps and after school classes, to children aged 3-6 within the scope of the services of Montessori-Football
- Therefore if deemed competent, you will be qualified to apply for either the 3-12 Montessori Football Coaching Course or the 13-19 Montessori Football Coaching Course
- This five-day course does not qualify you to teach or train others in Montessori Football methodology. To become a Montessori Football Teacher the Montessori Football 3-12, 13- 19 Coaching Courses and the Montessori Football Teacher Course are required

### THE COMPETENCY ASSESSMENT REQUIREMENTS ARE AS FOLLOWS

- Completion of the five-day Montessori Football Introductory Course, with a minimum attendance of 90%
- Completion of the daily group assignments which relate to the topics discussed
- Completion of an individual assignment in which your understanding of the methodologies is evaluated
- An active attitude during the daily reflection sessions and active participation in the small group assignments
- All assignments will be done during the five-day course; except for the individual assignment there is no homework.





# MONTESSORI FOOTBALL COURSE

## Testimonials

*My son really enjoys his Montessori Football sessions and is always looking forward to the next one. The programme treats the kids as individuals which makes it a joyful experience for all.*

*Father of Rafael (7 years old, Melbourne Montessori School)*



*Arya lacked confidence in shooting which was one of the key skills required for his forward position. After a few sessions Arya started showing great confidence in both shooting as well as his first touch.*

*Father of Arya (12 years old, Melbourne Montessori School)*

# MONTESSORI FOOTBALL COURSE



**REGISTER** online at <https://montessori.org.au> or fill in and return the form below

## RATE

5 day Course

\$1000

**REGISTRATIONS CLOSE THURSDAY 28 JUNE 2018:** A Late booking fee of \$20 applies thereafter, places permitting

PLEASE PRINT CLEARLY:

Name: \_\_\_\_\_

School/Centre Name: \_\_\_\_\_

School/Centre Suburb: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Payment Method:  Cheque  Invoice School/Centre  
Or charge my:  Visa Card  Mastercard

Cardholder's Name: \_\_\_\_\_

Card No: \_\_\_\_\_ CCV (3 digits): \_\_\_\_\_

Signature: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Refer to our website for event refund and privacy policies.

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