



**Montessori
Football**

MONTESSORI FOOTBALL COURSE

SUPPORTED BY AMI

MONDAY 1 JULY - FRIDAY 5 JULY 2019
MELBOURNE MONTESSORI SCHOOL



PRESENTED BY

Jip Bartels – Manager Montessori Football Australia

Amy Kirkham – 3-6 AMI Director of Training for the Australian Centre for Montessori Studies

MONTESSORI FOOTBALL COURSE

Montessori Football and Association Montessori Internationale (AMI) are proud to organise a second 40 hour course introducing the Montessori Football programme. The sports programme is aligned with Montessori's philosophy and developed by Ruben Jongkind former Head of Talent Development of the famous youth academy of AFC Ajax and one of the last to work intensively together with the great Johan Cruyff, world's foremost football visionary and creator of La Masia, FC Barcelona's youth academy.

This course is suitable for Montessori teachers and assistants as an extension to the Montessori curriculum, to provide children with a prepared outdoor environment and programme to teach sports, specifically football.

After Completing this Course

- You will understand the principles and methods for implementing Montessori in youth football
- You will understand the philosophical and practical connection between Montessori and football methodology
- You will be qualified to provide extra-curricular activities, such as after school classes and football camps, within the framework of the services of Montessori Football for schools

WHAT ARE THE CHARACTERISTICS OF THE MONTESSORI FOOTBALL PROGRAMME IN SCHOOLS?

- A football programme that can be implemented as an after school programme and holiday programme
- A Montessori prepared outdoor environment for sports, specifically football
- It is suitable for boys and girls
- Child-centred development based on the "player paradigm" as opposed to the "coach paradigm"
- Mixed age groups 3-6 and 6-12. Peer-to-peer learning: children practice in mix age groups
- Connection of the sports development of the child with the academic development of the child
- Inclusion of parents through one on one parent talks and an understanding that parents are partners in education
- Self-regulated learning: freedom with responsibility



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Why Football?

Football is the most popular sport in the world with more than 3.5 billion people interested in it. Football is also conquering Australia, where it is still growing and just surpassed swimming as the most popular sport for children.

Did you know that playing football can improve executive functioning, and peripheral vision? It can help build physical fitness and health, gain balance, stability, mobility endurance and strength, essential in the light of the global obesity epidemic. It can improve self-regulation and a growth mindset, it can foster social interaction and communication, participation and empathy. Moreover it can develop problem solving skills and creativity, traits that are becoming more and more important in tomorrow's world. Unfortunately this great potential is lost because the traditional football environment is unprepared for the child.

Purpose of the Course

Certified by AMI, the purpose of this course is to introduce the Montessori Football programme and to enable Montessori teachers to learn how to prepare and link the child to the outdoor football environment.

We will show that the Montessori school is a good environment for learning any sports skill, and that the Montessori teacher is the ideal football teacher, just as they are the language and math teacher. We support the Montessori teacher to become acquainted with football and be provided with tools to prepare an outdoor football environment complementing and enriching the Montessori prepared environment. This course is the first step on the journey for Montessori schools and centres to run their own Montessori Football Programmes.

“In the last decade I’ve observed the greatest football academies and many recreational clubs around the world and studied the empirical data. I’ve concluded that in this football world it is not about the child, but it is about the coach, the result, the parent or the club. Fortunately there is an environment that is prepared for the enormous benefits of this great game, and that is the Montessori environment.”

Ruben Jongkind
Founder Montessori Football



Montessori Football holiday program, Northside Montessori School, Sydney



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Who Presents the Course?

JIP BARTELS

Jip is a former professional player of the AFC Ajax youth academy and Dutch national youth teams. He's an experienced youth coach with more than 20 years of experience as a (professional) football player. After being forced to stop as a professional player due to injuries he finished his Master Business Administration at the University of Amsterdam in 2017. In addition he completed the Montessori Football Introductory Coaching Course and obtained his AMI 6-12 Montessori Assistant Certificate. At the beginning of 2018 Jip established a Montessori Football programme with Montessori Australia based at Melbourne Montessori School. The programme has been a great success.

Jip is supported by the AMI headquarters in Amsterdam and a network of specialists in Montessori Football projects in China, United States and South America.

Email: jip@montessori-football.com



AMY KIRKHAM

Amy Kirkham has been involved in Early Childhood Education since 1988. In addition to the AMI 3-6 Diploma and AMI Trainers Certificate, she holds a Certificate IV in Training and Assessment, Diploma of Teaching, Bachelor of Educational Studies and Master of Education. Amy is the 3-6 AMI Director of Training for the Australian Centre for Montessori Studies in Melbourne, offering both Diploma and Certificate courses. She is actively involved in the provision of professional development as well as parent and community education and continues to enjoy working with children in the 3- 6 environment.



Last year Jip and Amy ran the AMI Montessori Football Introductory course at Melbourne Montessori School which was highly successful.

The 13 attendees from different Montessori schools from all over Australia graded the course 9.1/10 average.



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Course Units

- History of football
- Youth football development, coach paradigm vs player paradigm
- The total footballer, individual development process
- Prepared environments for football
- Control of the body
- Control of the ball
- Control of the mind
- Training methods: 3-6 year olds
- Training creation
- Practical sessions
- Experience football training
 - Create football exercises
 - Present football training
 - Reflect on football training
- Assignments
 - Montessori football principles
 - Creating a football training session
 - Observations

Montessori Football brings excitement, passion, a love of football and elite-level skills to our students. We have quadrupled the numbers in our after school programmes!

***Gay Wales, Principal,
Melbourne Montessori School and Founding
Partner***

ADDITIONAL NOTES

- Practical sessions will take place on football area (grass/turf pitch or other designated area)
- Participants need to wear sports clothes and shoes during the practical sessions
- There will be no handouts or summaries; all participants make their own summary from the theory sessions



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Certification Assessment Requirements

IN ORDER TO BE ELIGIBLE TO RECEIVE THE CERTIFICATE FOR THIS COURSE:

- You need to have as a minimum an AMI Assistant Certificate (in any age group)
- You demonstrate an understanding of the principles and methods for implementing Montessori in youth football
- You demonstrate an understanding of the philosophical and practical connection between Montessori and Football methodology
- Completion of the five-day Montessori Football Introductory Course, with a minimum attendance of 90%
- Completion of the daily group assignments which relate to the topics discussed
- Completion of an individual assignment in which your understanding of the methodologies is evaluated
- An active attitude during the daily reflection sessions and active participation in the small group assignments
- All assignments will be done during the five-day course; except for the individual assignment there is no homework.
- If deemed competent, you will be qualified to apply for either the 3-12 Montessori Football Course or the 13-19 Montessori Football Course
- This five-day course does not qualify you to teach or train others in Montessori Football methodology. To become a Montessori Football Teacher the Montessori Football 3-12, 13-19 Courses and the Montessori Football Teacher Course are required



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Testimonials

My son really enjoys his Montessori Football sessions and is always looking forward to the next one. The programme treats the kids as individuals which makes it a joyful experience for all.

Father of Rafael (7 years old, Melbourne Montessori School)



Arya lacked confidence in shooting which was one of the key skills required for his forward position. After a few sessions Arya started showing great confidence in both shooting as well as his first touch.

Father of Arya (12 years old, Melbourne Montessori School)

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Montessori Football Course

Date: Mon 1 July - Fri 5 July 2019

Time: 9am - 5pm

Venue:

**Melbourne Montessori School,
Caulfield Campus, 6 Roselea
Street, Caulfield South 3162**

Cost: \$1000 per person

Please email Jip (jip@montessori-football.com) to
receive the registration form

Montessori Football