

Supporting Freedom and Self-Discipline in the 0-3 Child

In this workshop we will learn how we can establish routines, set expectations and provide children freedom within boundaries necessary for them to thrive. Discover how to be emotionally supportive yet firm in your approach. Be the parent and educator you want to be by learning techniques to avoid negative behaviour, both in yourself and the children in your care.

In this 2hr workshop we will examine 3 questions:

1. What we need to know? Freedom and self-discipline a foundational stone of the Montessori approach.
2. Why we need a framework - T R A C K - a model to follow.
3. How? Positive communication strategies to set limits and engage cooperation in the classroom and at home.



Ferne van Zyl holds an AMI Assistant to infancy Diploma and for over a decade owned and operated Down Under 3, a Montessori based learning centre for babies and toddlers on Sydney's North Shore. Through her work with parents and carers she began facilitating the hugely successful Faber and Mazlish parent workshops "How to Talk so Kids will Listen" and "Siblings without Rivalry" as well as developing a "Toileting Independence" workshop which earned her the nick-name "The Poo-Poo Guru". Ferne has provided training and support for hundreds of families on setting up environments for independence, effective communication skills and practical strategies for dealing with challenging behaviour. Recognised for her personally developed Supporting Freedom and Self-Discipline workshop, her Independent Toileting program and her expertise in early childhood development and communication, she consults to parents, early childhood educators and Montessori organisations in Australia, New Zealand and now since Covid has extended her client base by running these workshops via zoom around the world.

TUESDAY, 23 FEBRUARY 2021
6:00PM - 8:00PM (BRISBANE TIME)
BRISBANE MONTESSORI SCHOOL + ZOOM

MEMBERS \$49
NON-MEMBERS \$125

BOOKINGS ESSENTIAL:
www.montessori.org.au

