

POSITIVE DISCIPLINE PARENTING COURSE



Want to gain the cooperation of your child or students without the power struggles?



Do you need better strategies for those moments when yelling feels like the only thing that works?



Want to rebuild respectful and encouraging relationships with your child or students?

In this enjoyable, hands-on course, parents and educators will come away with a cache of 52 tools and strategies for gaining the cooperation of children in situations that typically produce conflict between adults and children. Adult carers will learn the four Mistaken Goals that lead children to misbehave and how to counter them with words and actions that promote connection and cooperation. Participants will receive a certificate from the Positive Discipline Association.

THE COURSE IS DELIVERED EITHER IN SIX 2.5 HOUR SESSIONS OR 2 WHOLE DAY SESSIONS

AVAILABLE EITHER AS AN IN-PERSON OR ONLINE COURSE

CHILDCARE PROVIDED WHERE POSSIBLE DURING THE SESSIONS (FEES APPLY)

REQUEST A FREE INTRODUCTORY SESSION AT YOUR SCHOOL/CENTRE





Positive Discipline by Jane Nelsen was first published in 1981 and has since sold over 3 million copies in 16 languages with trained facilitators offering courses in over 70 countries. It is considered the gold standard in parenting classes and is deeply compatible with Montessori principles. Classes consist of role plays, Socratic questioning, and other experiential learning techniques that allow parents to internalise and retain new parenting strategies successfully.

While most parenting classes seek to control children's behaviour with rewards and punishments, Positive Discipline teaches parents how to gain the cooperation of their children by examining aspects of their own behaviour that may be sources of misbehaviour in children, and by empowering children with skills that develop resilience, empathy, self-control and the ability to solve their own problems without tantrums or acting out. Positive Discipline sees the misbehaving child as a discouraged child, and equips parents with a repertoire of 52 tools to help them re-establish the positive connection that leaves children more receptive to redirection. Positive Discipline is evidence-based, with years of research that has proven its effectiveness in putting the joy back in parenting for families all over the world.



Mark Powell was first exposed to Positive Discipline as required reading during his Montessori training in New York in 1994. It was an indispensable foundation that helped him successfully manage 6-9 and 9-12 classrooms in the Boston and San Francisco Bay areas for the next 22 years. While in the United States Mark trained with Jane Nelson herself, eventually completing facilitator training. Mark also has a M.Ed. degree specializing in Conflict Resolution from Lesley University in Cambridge MA. He has published many articles on Montessori education and has designed many classroom materials which are now sold across the United States and internationally. As a Montessori trainer he has delivered many workshops at international conferences and has consulted for dozens of Montessori schools across the U.S. and in Australia and New Zealand. Mark returned home to Queensland in June 2016, serving as Assistant Principal of Montessori International College on the Sunshine Coast and then as 9-12 Guide at Montessori Noosa. He currently works for Montessori Australia developing workshops and teacher training programs. He is one of a handful of certified Positive Discipline facilitators in Australia, and regularly gives parent workshops on the Sunshine Coast. He is the father of Bella, his 12 year-old daily reminder of why these skills are so important!

Contact Mark to book a course or intro session at your school/centre: mark@montessori.org.au

COURSE FEE: Members \$330* | Non-members \$440

* Individual members and everyone at Montessori Australia member schools/centres
Workbooks included. Book purchase required. Partners are welcome to attend free.
Parents may repeat the course free as often as needed.

COURSE DATES AND DETAILS:

<https://montessori.org.au/positive-discipline-course>